

# Michaelhouse Vacancy



MICHAELHOUSE

## STRENGTH & CONDITIONING COACH

Founded in 1896 and set in the KwaZulu-Natal Midlands, Michaelhouse is a leading Anglican Independent senior Boarding School for boys from Grade 8 to Grade 12.

Michaelhouse is looking for an enthusiastic and highly motivated Strength and Conditioning Coach to join our Human Kinetics (HK) Department and High-Performance Centre on a **Fixed Term Contract in January 2027**. The successful applicant will be involved working in the S&C team, designing and implementing training programs for boys, running HK/ PE classes, as well as involvement in match days and sporting events/ tours.

### FULL INVOLVEMENT IN ALL ASPECTS OF SCHOOL LIFE IS EXPECTED, INCLUDING:

- Pastoral care for example: boarding house/ tutoring and bus duties etc.
- Assisting with Clubs and Societies
- Assisting with Outdoor Education
- Liaising with staff, boys and parents

### REQUIREMENTS: QUALIFICATIONS, KNOWLEDGE AND EXPERIENCE:

- Ideally an Honours degree in Biokinetics or Exercise Science
- A minimum of 2 year's relevant working experience
- A passion for and experience in strength and conditioning coaching at a youth and/ or elite level
- Experience in training programme design and implementation with proficiency in technical coaching skill of Olympic lifting techniques, speed & agility development and energy system development
- Experience or willingness to embrace GPS technology and/ or athlete monitoring systems
- Interests in key school sports (preferably **cricket/hockey/waterpolo**)
- Prior experience working in a school environment and teaching HK would be advantageous
- As Michaelhouse is a boys' boarding school, and the incumbent may be housed in a boys' boarding house, preference will be given to male candidates
- Alignment with the Christian values and ethos of the school
- Excellent communication and collaboration skills
- A clear criminal clearance certificate

### ACCOMMODATION:

- Single accommodation will be provided on or near the Michaelhouse estate to facilitate full involvement in the school programme.

Michaelhouse offers a unique educational environment, combining academic rigour, rich traditions, a strong boarding culture and exceptional co-curricular opportunities. The school seeks leaders who are deeply aligned with its values and committed to shaping young men who will contribute meaningfully to society.

To apply: Complete the online application form at: [Michaelhouse Application Form - Educators – Fill out form](#)

In addition, email your motivation letter **AND** a detailed CV to [careers@michaelhouse.org](mailto:careers@michaelhouse.org)

**Closing date for applications: 13 September 2026**

*Note: Please reference the job title in the subject of your email for ease of reference.*

Only shortlisted candidates will be contacted. Submission of an application does not guarantee an interview.  
Michaelhouse reserves the right not to fill this position.

*Michaelhouse is committed to transformation. In line with our Employment Equity Plan, preference may be given to candidates from designated groups.*

**POPIA Disclaimer:** Michaelhouse is committed to protecting the confidentiality of all personal information. By applying for this position, you consent to your personal information being used for recruitment purposes related to this role and any future opportunities, in accordance with the Protection of Personal Information Act.

INTEGRITY | HUMILITY | COURAGE | COMPASSION | SERVICE