



MICHAELHOUSE

Distance Parenting

the online course for parents of teenage boys

Megan de Beyer (Psychologist) & Tim Jarvis

The ONLINE course presented by Megan de Beyer and Tim Jarvis from Michaelhouse, consists of two Zoom sessions (1 hour each) as well as one Zoom Q&A session. You will be sent the link to join once you register and pay. The topics covered are:

Session 1 - 5th March 2021 - 12pm to 13pm

Impacts of Covid on your son, the school and you. Understanding what your teen is going through and the impact of boarding school life. Understand more about male adolescence & discover best parenting practices.

Session 2 - 12th March 2021 - 12pm to 13pm

Communication skills and how to offer him emotional support. Learn effective problem solving in a way that will encourage your sons autonomy and independence.

Session 3 - 19th March 2021 - 12pm to 13pm

ASK Megan & Tim anything! A time to get personal yet still remain anonymous if you prefer. Q & A format. We request succinct questions to be sent to via email before the session so that we can address as many as possible.

For any queries email: CarBal@michaelhouse.org.

[Click here to register for this online course](#)

"I benefited from this programme enormously. It has taken away the fear of parenting a teenager. I have learnt new skills for dealing with my two teen boys and have clarified my role as a mother. Megan's style and approach make it easier to understand." Michaelhouse Mother.

This well-known course by psychologist, Megan de Beyer, has been curated for MICHAELHOUSE and brought to you as an ONLINE course. The course covers the essential topics listed and runs over 3 online sessions. R500pp.

For who?

Dads, mums or any guardian of a boy at Michaelhouse. All grades welcome

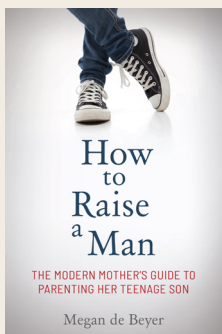
What is the course about?

It covers the basics of adolescence, the stressors and complications of boarding at this time for the family and for your son. It offers information and support.

Why attend?

The key is to discover a strong loving base and a meaningful connection with your son.

"We need to instill confidence in our sons, in order to raise a man who is strong enough to do the right thing, independent enough to forge his own path, and well-parented enough to become the contributor to society we all so desperately need him to be," says Megan



Megan de Beyer, MA (Psychology), MSc (Holistic Ecology) is an international Psychologist and group facilitator. She has facilitated many successful and well-subscribed Mothers and Sons courses at most Independent boys' school in South Africa. She has been invited to California, Australia and UK; as well as presenting at conferences on parenting.

See her advice on The Village Facebook group where she is the co-founder. She is a mother of 2 young men. She has recently extended her studies to include Ecopsychology & Mindfulness. She is the author of **"How to Raise a Man - a modern mother's guide to parenting her teenage son"**. The ebook is available to buy now.

[Click here for Megan's website](#)

[Click here to buy Megan's book](#)


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